

“Inspire Yourself, Guide Others – Begin Your Yoga Teaching Journey with Yogism.”

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“Explore the Depth of Yoga • Exchange Knowledge • Expand Your Journey – Admissions Open Now”

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## Where to find us

### Address

401, MCC Towers, next to Lokmat  
Vadgaon Khurd Sinhagad Road Pune  
411068.

### Phone

91 9822013183

### E-mail

info@yogismindia.org

### Website

www.yogismindia.org

### Social Media

On Instagram:  
yogism\_yoga\_institute

Yogism Yoga



# Yogism Yoga Institute

International Recognition  
Centre

# “Exploring the Roots of Yoga” →

At Yogism Institute, yoga is practiced and taught in its purest form, rooted in the wisdom of the ancient granthas and traditions. Our approach preserves the authentic essence of yoga as it was practiced in ancient times, while guiding students to apply it in modern life.



- Internationally Recognized Certification
- Certified by Indian Yoga Association (IYA),
- Ministry of AYUSH (Govt. of India),
- and Yogism Yoga Institute

Learn. Teach. Inspire.  
With Yogism, your  
yoga journey never  
ends.”

## WHY CHOOSE YOGISM?

- Certification from IYA, AYUSH & Yogism
- Lifetime Yogism Membership
- Support till you set up your own yoga class
- Practical teaching exposure

## COURSE HIGHLIGHTS

- Yoga Philosophy & Lifestyle
- Asana, Pranayama & Meditation
- Anatomy & Physiology
- Teaching Methodology
- Yoga Therapy Basics



## How to Experience Yoga to the Fullest

Yoga is more than postures – it is a journey of body, mind, and spirit. At Yogism, we guide you to live and share yoga in its true essence.

**Call us now!**

91-9822013183